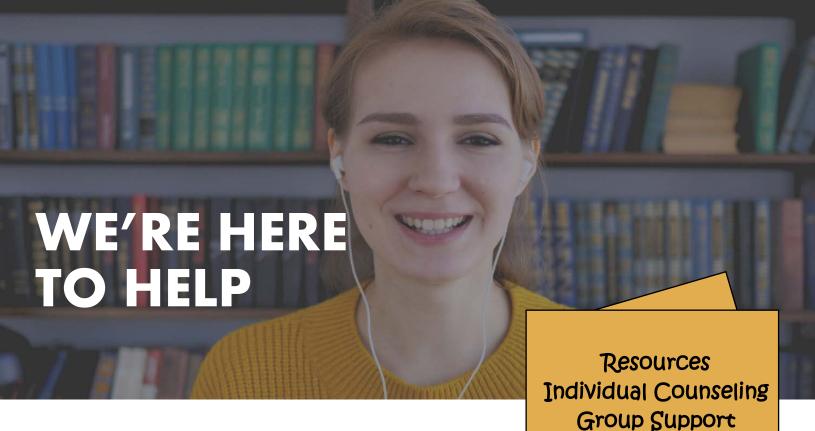


- **909-303-2525**
- www.collegewrap.org
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WE OFFER A WIDE RANGE OF SERVICES

Ranging from individual counseling to support groups to resource linkage. The best part is that all of it is entirely **FREE!**

PRESENTATIONS &WORKSHOPS

College Wrap offers presentations and workshops focused on teaching you new ways to adapt, engage and thrive.

+ POSITIVE COPING SKILLS GROUP

College Wrap offers a weekly drop-in group that helps you cope when hit with life's little challenges.



Outreach

College Wrap offers multiple small 6-week groups with specific topics to help you overcome and succeed.

*Please note that ALL services are currently being offered through Zoom